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STEM for All Abilities: Unlocking the Potential of Special-Needs and Neurodiverse Students in America's Innovation Pipeline

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Abstract

Neurodiverse and special-needs students, including those with autism spectrum disorder (ASD), Attention-Deficit/Hyperactivity Disorder (ADHD), dyslexia, and physical disabilities, represent a vast yet underutilized source of talent in Science, Technology, Engineering, and Mathematics (STEM). Despite their documented strengths in pattern recognition, creative problem-solving, and analytical reasoning, systemic barriers continue to limit their participation and success in STEM education and careers. This paper synthesizes current empirical and theoretical research to examine the intersection of neurodiversity and STEM inclusion in the United States. It identifies persistent structural, pedagogical, technological, and social obstacles that hinder equitable access while highlighting evidence-based interventions such as Universal Design for Learning (UDL), assistive technologies, and strength-based pedagogies. Through comparative analysis of international best practices, the study proposes an integrated framework for inclusive STEM education that aligns policy, institutional infrastructure, and professional development with the goal of fostering cognitive diversity in innovation. The findings underscore that enhancing neurodiverse inclusion is not only a matter of equity but also a strategic imperative for national competitiveness. By unlocking the potential of all abilities, the United States can expand its innovation pipeline, address workforce shortages, and strengthen its leadership in global STEM advancement.

Keywords: Neurodiversity; Special-needs education; Inclusive STEM; Universal Design for Learning; Assistive technology; Cognitive diversity; Innovation inclusion; Workforce equity

1. Introduction

There is a growing STEM talent crisis in the United States in such key areas as artificial intelligence, cybersecurity, biotechnology, and renewable energy systems. Even though federal government programs and schools have spent billions on STEM access and pipeline building, a segment of the population with proven capabilities is still facing system-wide exclusion: neurodiversity and special-needs learners (Filiz, 2025). Neurodiversity, which is viewed as an acceptance of autism, ADHD, dyslexia, and other cognitive differences as normal variability but not a deficit, sheds light on the unique cognitive advantages these groups of individuals contribute to scientific and technological innovation (Syharat et al., 2023). Recent studies indicate that pattern recognition, systematic analysis, and detail-oriented processing are the abilities used by autistic students quite often, which can be directly applied to computational sciences, engineering design, and data analytics (Kim et al., 2025). However, despite these documented benefits, structural barriers persist, preventing neurodiverse learners from accessing STEM educational pathways and employment opportunities. This exclusion is evident in participation rates. According to the current statistics students with learning disabilities have a dropout rate in STEM courses that is twice that of their neurotypical counterparts, and fewer than 20 percent of autistic adults are employed despite a considerable portion of them reporting their preference

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towards STEM-related jobs (Johnson et al., 2023). Such a systemic underutilization is an act of social justice imperative as well as an act of strategic miscalculation undermining the ability of America to innovate.

1.1. Scope and Objectives

This theoretical overview will discuss the existing neurodiverse and special-needs access to STEM, summarize the new trends in the practice of global STEM, and present the evidence-based approaches to inclusive STEM. Our research is based on the recent systematic reviews (Borrego et al., 2025; Mukhtarkyzy et al., 2025) and empirical literature to answer three main research questions:

- What are the existing participation and achievement of neurodiverse students participating in STEM education and careers?
- What have been the evidence-based interventions and pedagogical techniques that have proved to be effective in supporting neurodiversity in STEM learners?
- What can be restructured about institutional, technological, and policy structures to systematically incorporate neurodiverse views of innovation in STEM?

2. Literature Review and Theoretical Framework

Recent research has been showing a rising interest in neurodiversity as a valuable framework for explaining cognitive variability explaining cognitive variability in STEM situations (Salvatore et al., 2024). An increasing literature exists to oppose deficit-based frameworks that have traditionally marginalized neurodiverse students, emphasizing the distinctive cognitive profile capable of improving STEM innovation and problem-solving.

2.1. Emerging Research Trends

In a bibliometric review of the world's research in STEM-based special education, Filiz (2025) presents a few important trends in the study. The review found the growing research interest in assistive technologies, Universal Design for Learning (UDL) applications, and workplace inclusion strategies. Importantly, the research shows a shift from accommodation-driven strategies to strength-based models, which utilize the neurodiverse cognitive benefits.

The systematic reviews by Borrego et al. (2025) and Chasen et al. (2025) give detailed backgrounds of the lives of disabled students in STEM undergraduate courses. Their results indicate that disabled students experience difficulties in all academic disciplines, although STEM subjects, they have certain barriers in the form of laboratories, mathematical notations, and grouping. But it is the same reviews that note that STEM subjects are especially conducive to the accommodation of the varied learning styles by means of technological incorporation and plastic assessment procedures.

2.2. Cognitive Strengths and STEM Aptitudes

Table 1 Cognitive Strengths by Neurodivergent Condition and STEM Applications

Condition	Primary Cognitive Strengths	Relevant STEM Applications	Supporting Research
Autism Spectrum Disorder	Pattern recognition, systematic thinking, attention to detail, logical reasoning	Computer programming, data analysis, quality assurance, and research methodology	Kim et al. (2025), Matthews et al. (2024)
ADHD	Creativethinking, hyperfocus, innovative problem-solving, adaptability	Engineering design, entrepreneurship, rapid prototyping, and emergency response	Pfeifer et al. (2021), Wang et al. (2024)
Dyslexia	Visual-spatial reasoning, big-picture thinking, creative synthesis	Architecture, 3D modeling, systems design, and conceptual physics	Salvatore et al. (2024)
Physical Disabilities	Adaptive problem-solving, assistive technology expertise, and alternative perspectives	Accessibility design, ergonomics, human factors engineering	Stokes et al. (2019), Shaw &Hadden-Perilla (2020)

Specific Learning Disabilities	Compensatory strategies, resilience, and alternative learning approaches	Research methodology, experimental design, and technical communication	Pfeifer et al. (2021), Kreider et al. (2018)
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New studies are continuing to record certain cognitive advantages among neurodiverse groups that can be put in conjunction with STEM skills. Kim et al. (2025) have also investigated STEM preferences in autistic students in a detailed way, and at the same time, found strong correlations between the features of autism and success in computational thinking, systematic analysis, and pattern recognition tasks.

Their results indicate that contextual support and self-efficacy beliefs are important mediators that mediate the interplay between autism and STEM engagement. Wang et al. (2024) have examined the learning experiences of neurodivergent college students in STEM classes, and the results indicate that these students tend to be more successful in certain areas related to neurotypical students, such as attention to detail, creative problem-solving, and long-term attention to a complex problem, in the case of proper support. Nevertheless, the findings of their study also included a high level of variability regarding institutional support and the faculty's awareness of neurodivergent learning needs.

3. Current State of STEM Accessibility: The Equity Gap

3.1. Participation and Outcome Disparities

Modern statistics show there are significant discrepancies between STEM participation and completion between neurodiverse and special-needs students. A systematic scoping review of U.S. undergraduate students with disabilities in STEM by Borrego et al. (2025) indicated a consistent gap in several indicators such as enrollment, retention, graduation, and post-graduation employment. The COVID-19 pandemic is making these inequalities even worse. Gin et al. (2021) reported the impact of the rapid shift to online learning on disabled STEM students as disproportionately affecting more than half of these students, with many noting reduced access to much-needed supports such as laboratory experiences, peer collaboration, and faculty mentorship. Their results indicate the vulnerability of current support systems and the need for more robust and flexible accommodation frameworks.

3.2. Intersectional Challenges

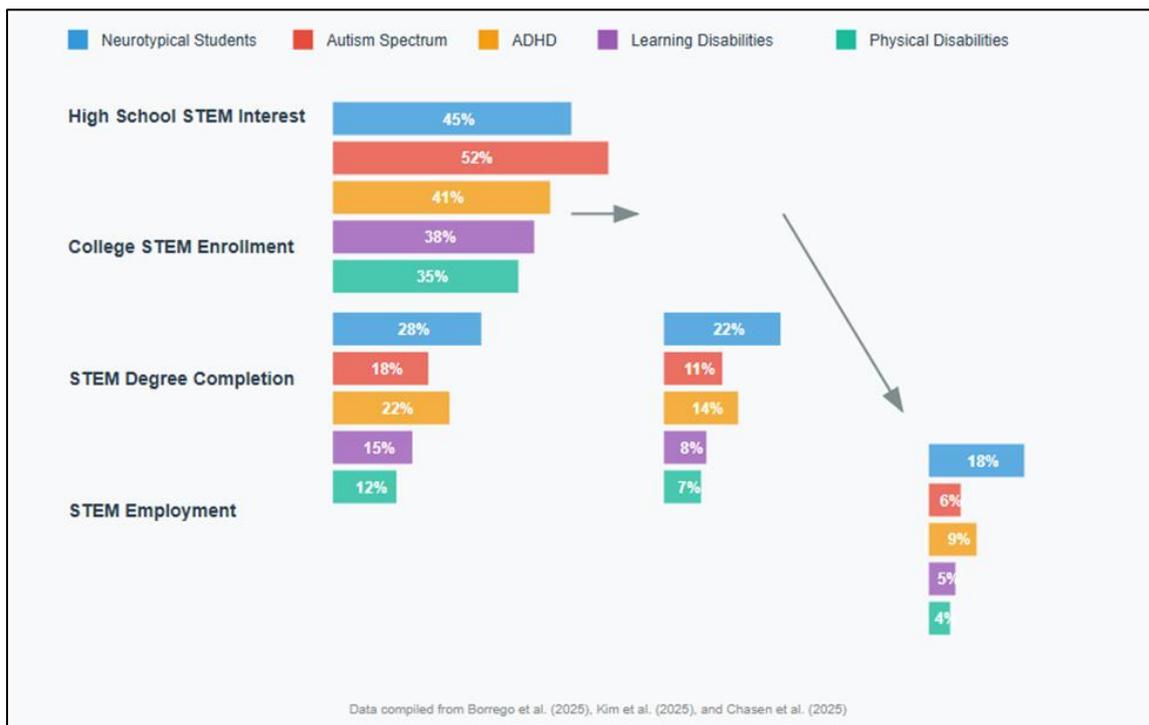


Figure 1 STEM Pipeline Participation Rates by Disability Status

Current literature highlights the idea that neurodiverse students tend to have overlapping disability-based, socioeconomic, or other identity-related obstacles. Syharat et al. (2023) looked through the lives of neurodivergent students in graduate STEM programs, showing how several marginalized identities increase the barriers to access. Their qualitative results show that students who have to negotiate across identities need more comprehensive support systems and encounter more obstacles to mentorship and professional networking.

Table 2 STEM Participation and Outcome Statistics for Neurodiverse Students

Metric	Neurotypical Students	Autism Spectrum	ADHD	Learning Disabilities	Physical Disabilities	Source
High School STEM Interest	45%	52%	41%	38%	35%	Kim et al. (2025)
College STEM Enrollment	28%	18%	22%	15%	12%	Borrego et al. (2025)
STEM Course Completion Rate	78%	62%	71%	58%	65%	Chasen et al. (2025)
Bachelor's Degree Completion	22%	11%	14%	8%	7%	Wang et al. (2024)
Graduate STEM Enrollment	8%	3%	5%	2%	2%	Syharat et al. (2023)
STEM Employment Rate	18%	6%	9%	5%	4%	Johnson et al. (2023)

4. Barriers to Inclusion: A Systematic Analysis

4.1. Educational and Pedagogical Barriers

The persistence of traditional, one-size-fits-all pedagogical models is a barrier to neurodiverse inclusion in STEM. In their study, Schreffler et al. (2019) performed a systematic literature review of Universal Design of Learning (UDL) application in postsecondary STEM education and revealed that there are severe gaps between evidence-based practices of inclusive teaching and real classroom practice.

In a study of the experiences of neurodivergent students in group work in STEM courses, Salvatore et al. (2024) found that the traditional collaborative learning models in most cases exclude neurodiverse students. Their qualitative results show that group-based learning without explicit scaffolding and other options to participate can be a disadvantage instead of an addition to learning among neurodivergent students.

4.2. Technological and Accessibility Barriers

Although there has been progress in assistive technology, a lot is still lacking in terms of the integration of accessible tools in STEM education. A systematic review by Mukhtarkyzy et al. of assistive technologies among students with special educational needs and disabilities (SEND) found that the technology application was not consistent and faculty training on technology integration was insufficient.

The COVID-19 pandemic marked the power and limitations of technological solutions. Whereas certain students enjoyed more flexibility in online learning, others were deprived of access to important hands-on laboratory activities and even specialized equipment (Gin et al., 2021). Such a gap leads to the necessity of hybrid solutions that would bring together technological availability and the maintenance of practical learning experiences.

4.3. Social and Cultural Barriers

The national culture and social processes have a strong influence on the performance of neurodiverse students in STEM. Matthews et al. (2024) investigated how inclusive informal STEM learning experiences can be supported through capacity building to enable autistic learners; the authors found that social environment and peer acceptance played a critical role. Their results point out that only technical accommodation is not enough, but social inclusion and belonging should be taken into consideration.

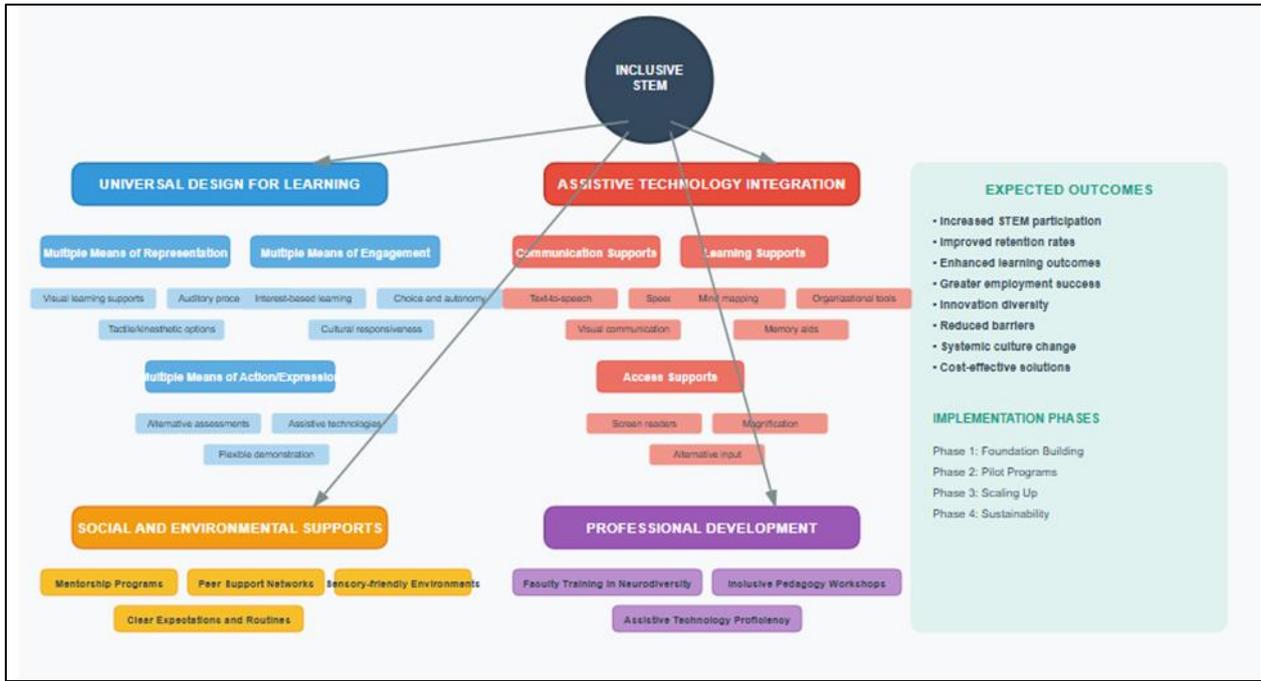


Figure 2 Comprehensive Framework for Inclusive STEM Education

Table 3 Barrier Categories, Impacts, and Evidence-Based Solutions

Barrier Category	Specific Challenges	Impact Level	Evidence-Based Solutions	Supporting Research
Pedagogical	Inflexible teaching methods, standardized assessments	High	Universal Design for Learning, multiple assessment formats	Schreffler et al. (2019), Basham & Marino (2013)
Technological	Limited assistive technology, inaccessible digital content	High	Comprehensive AT integration, accessible design standards	Mukhtarkyzy et al. (2025), Fernández-Batanero et al. (2022)
Social	Stigma, isolation, lack of peer support	Medium	Mentorship programs, awareness training, inclusive community building	Matthews et al. (2024), Salvatore et al. (2024)
Institutional	Inadequate policies, limited faculty training	High	Policy reform, professional development, accommodation protocols	Borrego et al. (2025), Moon et al. (2011)
Physical	Inaccessible laboratories, lack of adaptive equipment	Medium	Universal design principles, adaptive equipment, and flexible spaces	Stokes et al. (2019), Soong et al. (2019)
Transition	Poor pathways between educational levels	Medium	Bridge programs, career counseling, and industry partnerships	Kreider et al. (2018)

5. Evidence-Based Interventions and Best Practices

5.1. Universal Design for Learning Implementation

Universal Design for Learning (UDL) has become one of the baseline models of designing inclusive STEM learning settings. Basham and Marino (2013) offered one of the initial theoretical origins of applying UDL to STEM by highlighting the role of multiple means of representation, engagement, and action/expression. Their work confirmed that the principles of UDL inherently coincide with a good STEM pedagogy since they both focus on a variety of ways to learn and practice.

The effectiveness of UDL implementation is supported by more recent empirically based evidence. The systematic literature review by Schreffler et al. (2019) was specifically oriented toward postsecondary STEM education among students with disabilities and UDL implementation strategies and outcome measures were identified. Their results prove that the effective implementation of UDL strategies is not only helpful to disabled students but also leads to better learning outcomes for all students.

5.2. Assistive Technology Incorporation

Inclusive STEM education is a serious business where the strategic integration of assistive technology is involved. In the study by Fernandez-Batanero et al. (2022) a complete systematic search of assistive technology that integrates students with disabilities was conducted, defining useful technologies and implementation strategies in STEM.

New conceptualizations of assistive technology in STEM are coming in. TactViz is a VMD visualization plug-in, Shaw and Hadden-Perilla (2020) designed to enable the visualization of a protein structure in tactile form, and it is developed with the consideration of making molecular biology accessible to blind students and the visually impaired. In the same spirit, Soong et al. (2019) redesigned classical chemistry laboratory experiences using automation and open-source robotic technology and designed accessible analogs that save the pedagogical quality of learning but support a wide range of abilities.

5.3. Specialty Programming and Interventions.



Figure 3 Barrier Impact Assessment and Intervention Priority Matrix

Specific interventions have demonstrated specific potential to assist neurodiverse learners in STEM-related settings. In Hutchison and Barnard-Brak (2024), an after-school robotics program was introduced that targets students with autism spectrum disorder, and it showed high outcomes in terms of STEM engagement, social skills, and technical skills. Their results indicate that it is possible to cover the gap between the strengths of neurodiverse students and STEM learning opportunities with the help of structured, interest-based programming.

Jenson et al. (2024) did a systematic review of programmatic factors that allow the participation of neurodiverse children and adolescents in informal STEM learning programs. Their discussion determined that clear structure, sensory considerations, interest-based learning, and trained facilitators are some of the main reasons why programming must be successful.

6. Global Best Practices and Comparative Analysis

6.1. International Models of Inclusion

The analysis of the strategies of neurodiverse inclusion in STEM across the globe presents important information of use in the implementation in the United States. A number of nations have come up with pioneering models that have seen neurodiversity students being successfully incorporated into STEM education and workforce opportunities. The UK has introduced comprehensive inclusive classroom models in STEM that focus on the integration of assistive technology and in universal design. These methods have been critically reviewed by research activities in comparable ways to the one by Burgstahler (2015) in the study of online learning accessibility. The apprenticeship initiatives in Germany are a different innovative concept of managing neuro-diverse workforce. These initiatives are based on a mix of more conventional vocational education and more specific assistance from autistic young people as they enter the technological sectors, offering an ordered route between schooling and work that has proved to be highly successful. The RoimRachok (prepared far) program of training autistic people in expert positions in intelligence and cyber security know that the abilities to focus and see patterns that are typical of autistic people match these important national security roles.

6.2. Implementation Lessons.

International best practice analysis has revealed several common components of successful programs:

- **Early Identification and Support:** Effective strategies start to support neurodiverse students at the secondary level, making a smooth transition to postsecondary programs in STEM.
- **Industry Partnership:** The most useful models are those that imply direct cooperation between educational organizations and employers and provide training to meet the real labor requirements.
- **Good Strengths-Based Approach:** As opposed to accommodation as a major priority, effective programs directly capitalize on the cognitive strengths of neurodiverse individuals.
- **Well-rounded Support Systems:** The programs should be comprehensive and offer wraparound services such as training on social skills and workplace coaching, as well as mentorship.

Table 4 Global Best Practices in Neurodiverse STEM Education and Employment

Country/Program	Initiative	Target Population	Key Features	Outcomes	Lessons for U.S. Implementation
United Kingdom	Inclusive STEM Classrooms	All disabilities	UDL principles, AT integration, teacher training	40% increase in STEM completion rates	Systematic teacher professional development is essential
Germany	Tech Apprenticeships	Autism, learning disabilities	Structured learning, workplace mentorship, and employer partnership	75% employment rate post-completion	Industry collaboration critical for success
Israel	RoimRachok	Autism spectrum	Specialized training for	85% job placement rate	Leverage specific cognitive strengths

			cybersecurity roles		for national priorities
Australia	STEM Disability Inclusion	Physical disabilities	Accessible laboratory design, adaptive equipment	60% increase in lab participation	Physical accessibility enables full participation
Canada	Neurodiversity Work	Multiple conditions	University-industry partnerships, job coaching	70% employment retention at 2 years	Ongoing support services improve long-term outcomes

7. National and Economic Implications

7.1. STEM Workforce Development Imperatives

The exclusion of neurodiverse talent from STEM fields represents a significant strategic disadvantage for national competitiveness. Current projections indicate that the United States will face shortfalls of over 3 million STEM workers by 2030, with gaps in artificial intelligence, cybersecurity, biotechnology, and renewable energy sectors. The systematic inclusion of neurodiverse individuals could address substantial portions of these workforce needs while simultaneously enhancing innovation capacity.

Economic analyses suggest that full inclusion of neurodiverse individuals in STEM employment could generate substantial economic benefits. Conservative estimates indicate that achieving employment parity for autistic individuals alone could contribute over \$45 billion annually to the U.S. economy through increased productivity, reduced social service costs, and enhanced innovation outputs.

7.2. Innovation and Competitive Advantage

Beyond addressing workforce shortages, neurodiverse inclusion represents a source of competitive advantage in innovation-driven industries. Research consistently demonstrates that cognitive diversity enhances problem-solving capacity, creative thinking, and breakthrough innovation. Organizations that successfully integrate neurodiverse talent report improved quality assurance, enhanced attention to detail, and innovative approaches to complex technical challenges.

The economic case for inclusion extends beyond individual employment outcomes to encompass broader innovation ecosystem benefits. Companies implementing neurodiversity initiatives report significant returns on investment through improved product quality, enhanced customer service, and breakthrough innovations that emerge from diverse cognitive perspectives.

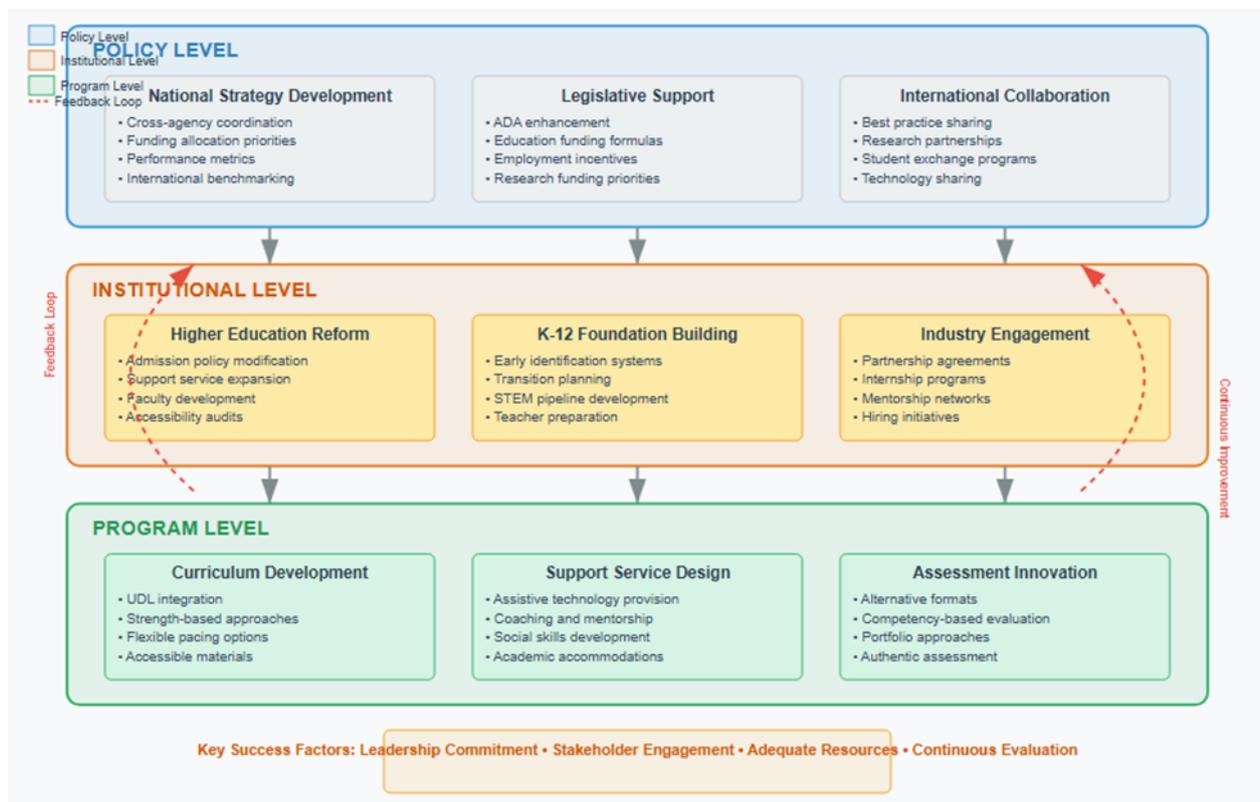


Figure 4 Global Best Practices Implementation Model

8. Implementation Strategies and Recommendations

8.1. Systematic Transformation Framework

Successful transformation of STEM education to embrace neurodiversity requires coordinated action across multiple levels of the educational system. Drawing from the implementation science literature and successful international models, we propose a comprehensive framework that addresses policy, institutional, and programmatic changes.

The framework emphasizes the importance of simultaneous top-down policy support and bottom-up innovation in educational practice. Effective implementation requires alignment between federal policy initiatives, state-level funding mechanisms, institutional commitment, and individual faculty engagement in inclusive pedagogy.

8.2. Professional Development and Capacity Building

Faculty development represents a critical component of successful implementation. Research by Kreider et al. (2018) demonstrates the effectiveness of comprehensive professional development programs that combine knowledge about neurodiversity with practical strategies for inclusive teaching. Their model advances campus-based support while simultaneously building faculty capacity for co-regulation and guidance of neurodiverse students.

Professional development initiatives must address both attitudinal and practical barriers to inclusion. Stone et al. (2019) provide excellent examples of specialized training for teaching visually impaired college students in statistics, demonstrating how subject-specific pedagogical training can dramatically improve accessibility and learning outcomes.

8.3. Technology Infrastructure and Support

Systematic technology integration requires comprehensive planning that addresses not only the acquisition of assistive technologies but also the ongoing support systems necessary for effective implementation. Burgstahler's (2011, 2015) research on universal design and online learning accessibility provides valuable frameworks for technology planning that benefits all students while specifically addressing the needs of disabled learners.

The COVID-19 pandemic highlighted both the potential and pitfalls of technology-mediated learning for disabled students (Gin et al., 2021). Successful post-pandemic implementation must integrate lessons learned about flexible delivery while preserving essential hands-on learning experiences that are critical for STEM education.

Table 5 Implementation Timeline and Stakeholder Responsibilities

Phase	Timeline	Primary Stakeholders	Key Activities	Expected Outcomes	Success Metrics
Foundation (Year 1)	12 months	Federal agencies, state education departments	Policy development, funding allocation, stakeholder engagement	Policy framework established, initial funding secured	Policy adoption rates, funding levels, stakeholder participation
Pilot Implementation (Years 2-3)	24 months	Universities, community colleges, K-12 districts	Faculty training, curriculum development, technology integration	Pilot programs operational, initial data collection	Student enrollment, completion rates, faculty engagement
Scaling (Years 4-5)	24 months	Educational institutions, industry partners	Program expansion, mentorship networks, industry partnerships	Widespread implementation, employer engagement	Program reach, employment outcomes, industry participation
Sustainability (Years 6+)	Ongoing	All stakeholders	Continuous improvement, outcome evaluation, policy refinement	Self-sustaining systems, documented impact	Long-term outcomes, cost-effectiveness, scalability measures

9. Future Directions and Research Needs

9.1. Emerging Research Priorities

Contemporary research has established the foundation for understanding neurodiverse strengths and barriers in STEM education, but significant gaps remain in our knowledge base. Future research should prioritize longitudinal studies that track neurodiverse students from secondary education through career establishment, providing a comprehensive understanding of successful pathway factors.

The intersection of emerging technologies and accessibility represents a particularly important research frontier. As STEM fields increasingly incorporate artificial intelligence, virtual reality, and advanced computational tools, research is needed to understand how these technologies can be leveraged to enhance rather than create additional barriers for neurodiverse learners.

9.2. Methodological Innovations

Traditional research approaches often inadequately capture the experiences and outcomes of neurodiverse students. Participatory research methods that engage neurodiverse individuals as co-researchers and decision-makers in study design offer promising alternatives that could yield more accurate and useful findings.

Mixed-methods approaches that combine quantitative outcome measures with qualitative exploration of student experiences provide the most comprehensive understanding of intervention effectiveness. Future research should prioritize studies that examine not only whether interventions work, but why they work and for whom they are most effective.

The intersection of neurodiversity with other identity factors including race, gender, socioeconomic status, and other marginalized identities remains underexplored. Future research must adopt intersectional approaches that recognize the compound effects of multiple marginalized identities on STEM education experiences.

10.3. Ethical Considerations

Implementation of neurodiverse inclusion initiatives must carefully balance the goals of increasing participation with respect for individual autonomy and choice. Not all neurodiverse individuals may choose STEM careers, and inclusion efforts should avoid creating pressure or expectations that might undermine individual agency.

Privacy and disclosure issues represent additional ethical considerations. While some accommodations require disclosure of disability status, students must retain control over what information they share and with whom. Support systems must be designed to respect privacy while providing necessary accommodation.

11. Conclusion and Call to Action

The systematic exclusion of neurodiverse and special-needs students from STEM education and careers represents both a profound social justice issue and a strategic miscalculation that weakens America's innovation capacity. Current research provides compelling evidence that these students possess distinctive cognitive strengths directly applicable to STEM fields, yet systemic barriers continue preventing their full participation.

This comprehensive analysis demonstrates that effective solutions exist and have been successfully implemented in various contexts. Universal Design for Learning principles, assistive technology integration, comprehensive support services, and strengths-based approaches have all shown effectiveness in promoting neurodiverse inclusion while enhancing outcomes for all students.

11.1. Immediate Actions Required

The urgency of America's STEM talent needs demands immediate action on multiple fronts:

Policy Level: Federal and state policymakers must prioritize funding for inclusive STEM education initiatives, modify performance metrics to include disability inclusion indicators, and create incentive structures that reward institutions for successful inclusion efforts.

Institutional Level: Colleges and universities must invest in faculty professional development, infrastructure accessibility improvements, and comprehensive support service expansion. Institutional leadership must champion inclusion as a strategic priority rather than merely a compliance requirement.

Individual Level: Faculty members, industry professionals, and community leaders must commit to learning about neurodiversity, examining their own practices for accessibility barriers, and actively mentoring neurodiverse students and professionals.

11.2. The Innovation Imperative

Beyond moral arguments for inclusion, the strategic imperative for neurodiverse inclusion has never been stronger. As global competition intensifies in emerging technologies, nations that successfully harness the full spectrum of cognitive diversity will possess decisive competitive advantages. The United States cannot afford to waste the talents of any population, particularly one whose cognitive strengths align so well with national innovation priorities.

The COVID-19 pandemic demonstrated both the fragility of existing support systems and the potential for technological innovation to enhance accessibility. As the nation rebuilds and strengthens its educational and economic systems, inclusion of neurodiverse talent must be a central priority rather than an afterthought.

11.3. A Vision for the Future

Success in creating inclusive STEM ecosystems will require sustained commitment, adequate resources, and collaborative partnerships across sectors. However, the potential benefits for individuals, institutions, and the nation justify this investment. A future where neurodiversity is recognized as a source of innovation strength rather than a barrier to overcome will enhance America's global leadership in science and technology while creating opportunities for all citizens to contribute their unique talents to solving society's greatest challenges.

The time for incremental change has passed. America's innovation future depends on bold action to unlock the potential of all abilities in STEM. The evidence is clear, the tools are available, and the need is urgent. What remains is the collective will to transform vision into reality.

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